

ALL LEVELS EXECUTION

POINT ALLOCATION

For skill submission, questions and further education, please visit:
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SILVER: Start Value = 7.0

GOLD: Start Value = 8.0

PLATINUM: Start Value = 9.0

STUNTS / TOSSES		
ISOLATION OF SKILL FACTORS	PERFORMANCE SEVERITY OF SKILL	
Basing: Body control Basing: Stability Basing: Technique Basing: Proper placement Flyers: Body position flexibility Flyers: Arm motion placement Flyers: Body control Flyers: Uniformity Dismount: Control and stability Dismount: Proper positioning Transitions: Control and stability Transitions: Entry uniformity Section: Pace from skill to skill Section: General flow	Any isolated factors demonstrated by 1/2 + 1 of the team	SILVER
	5+ isolated factors demonstrated by 1/2 + 1 of the team	GOLD
	7+ isolated factors demonstrated by 1/2 + 1 of the team	PLATINUM

PYRAMID		
ISOLATION OF SKILL FACTORS	PERFORMANCE SEVERITY OF SKILL	
Basing: Body control Basing: Stability Basing: Technique Basing: Proper placement Flyers: Arm motion placement Flyers: Body control Flyers: Uniformity Structures: Control and stability Structures: Proper placement Transitions: Control and stability Transitions: Uniformity Section: Pace from skill to skill Section: General flow	Any isolated factors demonstrated by 1/2 + 1 of the team	SILVER
	5+ isolated factors demonstrated by 1/2 + 1 of the team	GOLD
	7+ isolated factors demonstrated by 1/2 + 1 of the team	PLATINUM

BOTH RUNNING AND STANDING TUMBLING		
ISOLATION OF SKILL FACTORS	PERFORMANCE SEVERITY OF SKILL	
Entry: Swing / hurdle control Entry: Arm placement Entry: Leg placement Entry: Uniformity Skill: Body placement Skill: Uniformity Landings: Body placement Landings: Stability Landings: Skill completion Timing: Group synchronization Timing: Group entry Timing: Group landing (group = 2 or more athletes)	Any isolated factors demonstrated by 1/2 + 1 of the team	SILVER
	5+ isolated factors demonstrated by 1/2 + 1 of the team	GOLD
	7+ isolated factors demonstrated by 1/2 + 1 of the team	PLATINUM

These scoring categories have a combined execution and difficulty score. The execution factors, level of difficulty and the H.O.W.'s will be considered in determining the score.

JUMPS
ISOLATION OF SKILL FACTORS
Entry: Swing / prep control Entry: Approach uniformity Skill: Arm placement Skill: Leg placement Skill: Body control Landings: Legs / feet placement Landings: Stability / control Timing: Group synchronization Timing: Group entry Timing: Group landing Section: Pace from jump to jump Section: General flow

DANCE
ISOLATION OF SKILL FACTORS
Movement: Body lines Movement: Arm placement Movement: Uniformity Staging: Seamless patterns Staging: Appropriate spacing Level Work: Clear demonstration Level Work: Uniformity Skill: Group synchronization Skill: Variety of pace