

HIGHER OF WORTH

STUNTS / TOSSES

HOW difficult are ALL stunts in the routine?
(based on the "Level Difficulty" sheet)
HOW many athletes are utilized for stunts throughout?
(full team, front spots, single based)
HOW do the stunts load in?
HOW do the stunts dismount?
HOW is the pace from skill to skill performed?
HOW creative are the skills designed for the section?
HOW does the utilization of stunts compare to the other teams in the division?

RUNNING TUMBLING

HOW difficult are ALL running tumbling skills in the routine?
(based on the "Level Difficulty" sheet)
HOW many athletes are utilized throughout?
(full team, groups, individual)
HOW many elite skills are incorporated?
HOW is each running tumbling pass initiated?
(power hurdle, minimal steps)
HOW is the pace of the connected tumbling skills?
HOW creative are the skills designed for the section?
HOW does the utilization of running tumbling skills compare to the other teams in the division?

STANDING TUMBLING

HOW difficult are ALL standing tumbling skills in the routine?
(based on the "Level Difficulty" sheet)
HOW many athletes are utilized throughout?
(full team, groups, individual)
HOW many elite skills are incorporated?
HOW is each standing tumbling pass initiated?
(no step, minimal steps)
HOW is the pace of the connected tumbling skills?
HOW creative are the skills designed for the section?
HOW does the utilization of standing tumbling skills compare to the other teams in the division?

**Pro Score is a COMPARATIVE scoring system.
The exact score value may change based on
the team's competitor in that division at that
specific event.**

**Once the "START VALUE" has been
determined, the judge will use the "HOW's" of
each category to give the exact score value.**

JUMPS

HOW difficult are ALL the jumps in the routine?
(based on the "Level Difficulty" sheet)
HOW many athletes are utilized throughout?
HOW many different jumps are demonstrated?
HOW unique are the incorporated jumps?
HOW does the utilization of jumps compare to the other teams in the division?

ROUTINE DESIGN

HOW is the composition and flow of the routine?
HOW are the various athlete talents utilized throughout the routine?
HOW does the utilization of visual elements compare to the other teams in the division?
HOW clear and clean are the transitions from skill section to skill section throughout the routine?
HOW clear and precise are the formations created throughout the routine?
HOW does the utilization and choreography connect with the music?

PYRAMIDS

HOW difficult are ALL pyramid sections in the routine?
(based on the "Level Difficulty" sheet)
HOW many athletes are utilized throughout?
(full team, front spots, single based)
HOW well does the pyramid develop in the routine?
HOW difficult are the transitional skills?
(cradles, blind catches, extended level catches, variety)
HOW is the pace from skill to skill performed?
HOW creative are the skills designed for the section?
HOW well are the structures developed?
HOW many different transitions are utilized throughout?
HOW does the pyramid compare to the other teams in the division?

DANCE

HOW difficult is the dance section?
(based on the "Level Difficulty" sheet)
HOW many athletes are utilized in the dance?
HOW many 8 counts is the dance section?
HOW visual is the dance section?
HOW does the dance compare to the other teams in the division?
(the HOW's of dance are only factors for difficulty, however, see the "Execution" sheet for other factors that apply in the score)

PERFORMANCE VALUE

HOW is the energy of the athletes portrayed throughout the routine?
HOW many athletes demonstrate an athletic impression of showmanship?
HOW does the entertainment value of the routine compare to the other teams in the division?
HOW is the artistry and creative expression of the athletes compare to the other teams in the division?

**For skill submission, questions and further
education, please visit:**

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